

# McGRATH LAW FIRM

A Professional Association

Former federal prosecutor, Peter McGrath, and his team of lawyers will fight for you.

Newsletter

Spring 2017

[www.mcgrathlawfirm.com](http://www.mcgrathlawfirm.com) and [www.mcgrathlawfirm.com](http://www.mcgrathlawfirm.com)

Page 1

Spring 2017, Vol 4



## In This Issue...

- ✓ Injuries from Auto Accidents Range from Minor to Life-Threatening
- ✓ Child Support and Enforcement
- ✓ 18 Years as a Volunteer Coach on Local Community Recreational Teams in Concord and Mt Pleasant
- ✓ Attorney Peter McGrath Awarded the Lifetime Achievement Selection among America's Top 100 Attorneys ®
- ✓ Recipe of the Month: Grilled Pear–Cheddar Pockets
- ✓ What's Happening in Concord, NH & Mt Pleasant, SC

## Injuries from Auto Accidents Range from Minor to Life-Threatening

Through no fault of your own, you or a family member may have been injured in an auto accident.

More than 2 million Americans are injured in car crashes each year - that's about 5,500 every day! (statistics from the NHTSA) These injuries can cost millions in medical expenses, rehabilitation and lost wages.



The most common injuries suffered by victims of auto accidents are:

- **Whiplash.** This frequent injury is caused when the neck quickly stretches and then snaps back when the car suddenly accelerates or stops in a crash. Your neck or back can be damaged resulting in spinal cord damage and even paralysis.
- **Chest damage including broken ribs.** Although airbags have reduced the incidence and severity of these injuries, they are still prevalent especially if the occupants do not wear seat belts.
- **Traumatic brain injury (TBI).** Brain damage can affect all essential body functions as well as memory, speech and vision.
- **Leg, arm and shoulder injuries.** Accidents can jolt your extremities when in contact with parts of the car such as a door, causing injuries ranging from bruises to fractures and amputations.
- **Abdominal and pelvis injuries.** Damage to critical organs such as the liver, kidneys and spleen as well as hip fractures are often seen in crashes.

### What To Do if You Have Been Injured or Your Property Has Been Damaged

- If you have been injured in an accident, call 911 for help immediately.
  - Get medical help for your injuries as soon as possible. If you feel your injuries are not significant, visit your own doctor right away as some symptoms may take time to surface.
- ....continued on page 2*

## Our Offices

### New Hampshire Office

20 Montgomery Street  
Concord, NH 03301

**Phone:** (603) 224-7111

**Fax:** (603) 228-8095

**Email:**

[info@mcgrathlawfirm.com](mailto:info@mcgrathlawfirm.com)

**Website:**

[www.mcgrathlawfirm.com](http://www.mcgrathlawfirm.com)

### South Carolina Office

802 Johnnie Dodds Blvd  
Mt Pleasant, SC 29464

**Phone:** (843) 606-2755

**Fax:** (843) 388-7263

**Email:**

[paralegal@mcgrathlawfirm.com](mailto:paralegal@mcgrathlawfirm.com)

**Website:**

[www.mcgrathlawfirm.com](http://www.mcgrathlawfirm.com)

## Follow us...

 [on Facebook](#)

 [on Twitter](#)

 [on Pinterest](#)

 [on LinkedIn](#)



## ....continued from page 1 **Injuries from Auto Accidents Range from Minor to....**

- At the accident scene, cooperate with the police but do not apologize for the accident. Get names and contact information of all drivers as well as license plate, drivers' licenses and insurance information.
- Document the accident with photos of all vehicles as well as the scene.
- Report the accident to your own insurance company as soon as possible.
- Never discuss the accident with an opposing insurance company, adjuster or attorney.

Importantly, do not accept any settlement for the accident until you have discussed your case with an attorney experienced in personal injury law.

## **Child Support and Enforcement**

Child support is money that the non-custodial parent pays for a broad range of expenses related to the child. The support helps pay for basic necessities like food and clothing and other costs such as medical expenses, child care, transportation, school fees, entertainment and extracurricular activities.

Each state establishes its own child support laws and guidelines. These guidelines determine who shall pay child support, how the amount is calculated and how it is enforced.



### **South Carolina Child Support**

The South Carolina Child Support Guidelines as issued by the South Carolina Department of Social Services has complete information on the state's determination for child support payments.

A parent who has not been paying the appropriate child support - in other words is delinquent - may be subject to a contempt of court charge which may include jail time, wage garnishment, intercepting tax refunds, referral to credit reporting agencies and/or revocation of occupational or driver's licenses.

### **New Hampshire Child Support**

Residents of New Hampshire can learn about child support at the Department of Health and Human Services website, [www.dhhs.nh.gov/dcs](http://www.dhhs.nh.gov/dcs)

A delinquent parent can be subject to much the same penalties as in South Carolina as well as asset liens, passport issuance denial and even criminal charges.

Please let us know if you need help claiming child support or are having issues with an existing order. The staff at McGrath Law Firm has extensive experience in all types of family law including child support orders.

If you or a family member has been injured in an auto accident or any other type of personal injury or needs help with any type of family law issue, it is important to get an attorney experienced in these types of cases involved immediately. **Call McGrath Law Firm's Mt Pleasant, SC office at 843-606-2755 or the Concord, NH office at 603-224-7111 to speak with our experienced personal injury lawyers and family law attorneys. McGrath Law Firm provides free case review on all injury matters.**

## **18 Years as a Volunteer Coach on Local Community Recreational Teams in Concord and Mt Pleasant**



*Attorney McGrath, Otherwise Known as Coach Peter to the Children He Coaches*



*Mt. Pleasant Recreation Department Spring 2017 U-15 Soccer Tournament Champions*

....continued on page 3

## ....continued from page 2 18 Years as a Volunteer Coach on Local Community....

Attorney Peter McGrath has a passion for coaching children and giving back to the local community. For the past 18 years, McGrath Law Firm has sponsored countless local baseball, soccer and lacrosse teams, most of which Attorney McGrath served as head coach. Coach Peter has volunteered throughout the years, enjoying the time he got to spend coaching his children's teams and watching the teammates grow in skill and maturity. Many of our teams have won their local championship tournaments, including our 2017 Spring McGrath Law Firm soccer team. On May 8th our team of 14 - 15 year olds won the spring league championship.



### Attorney Peter McGrath Awarded the Lifetime Achievement Selection among America's Top 100 Attorneys®

Attorney Peter McGrath has been awarded the Lifetime Achievement selection among America's Top 100 Attorneys®. Lifetime Achievement selection to America's Top 100 Attorneys® is by invitation only and is reserved to identify the nation's most exceptional attorneys whose accomplishments and impact on the legal profession merit a lifetime achievement award.

Selection is not achieved based on a single accomplishment or a single great year of success, but rather on a lifetime of hard work, ethical standards, and community enriching accomplishments that are inspiring among the legal profession. To help ensure that all attorneys selected for membership meet the very high standards expected for selection, candidates for lifetime membership are carefully screened through comprehensive Qualitative Comparative Analysis based on a broad array of criteria, including the candidate's professional experience, lifetime achievements, significant case results, peer reputation, and community impact. With these extremely high standards for selection to America's Top 100 Attorneys®, **less than one-half percent (0.5%) of active attorneys in the United States will receive this honor** — truly the most exclusive and elite level of attorneys in the community.



## Recipe of the Month

### Grilled Pear-Cheddar Pockets

Crunchy pear, sharp cheddar, and peppery arugula come together for a delicious and healthy sandwich.

#### Ingredients

- 2 teaspoons Dijon-style mustard
- 1/2 of a whole grain pocket thin flatbread
- 2 slices ultra-thin sharp or mild cheddar cheese
- 1/4 cup arugula
- 1/3 of a medium red pear, cored and cut into 1/4-inch-thick slices

#### Directions

1. Preheat a small covered indoor electric grill.\* Spread mustard over the interior surfaces of the pocket thin flatbread half. Arrange the cheese slices in the pocket, folding to fit. Add arugula and pear slices.
2. Place the flatbread half on the preheated grill and close.\* Grill about 1 1/2 minutes or until lightly toasted.



#### Tip

\* If you do not have a covered indoor electric grill, place filled pocket in a preheated nonstick skillet and cook 2 to 4 minutes or until lightly toasted, turning pocket once.

# What's Happening in Concord, NH & Mt Pleasant, SC

## June 10

2017 Run the Runway 5K  
JB Charleston Air Base  
Charleston, SC  
<https://goo.gl/P3k0BW>

## June 11

America  
Capitol Center for the Arts  
Concord, NH  
<https://goo.gl/tThbcr>

## June 25

Toto  
Tupelo Music Hall  
Londonderry, NH  
<https://goo.gl/sVhXDI>

## June 10 - 18

Laconia Motorcycle Week  
Weirs Beach  
Laconia, NH  
<https://goo.gl/Au6boR>

## June 14

Tedeschi Trucks Band  
North Charleston Coliseum and PAC  
North Charleston, SC  
<https://goo.gl/RICvek>

## MCGRATH LAW FIRM

*A Professional Association*

### New Hampshire Office

20 Montgomery Street  
Concord, NH 03301

**Phone:** (603) 224-7111

**Fax:** (603) 228-8095

**Email:** [info@mcgrathlawfirm.com](mailto:info@mcgrathlawfirm.com)

**Website:** [www.mcgrathlawfirm.com](http://www.mcgrathlawfirm.com)

### South Carolina Office

802 Johnnie Dodds Blvd  
Mt Pleasant, SC 29464

**Phone:** (843) 606-2755

**Fax:** (843) 388-7263

**Email:** [paralegal@mcgrathlawfirm.com](mailto:paralegal@mcgrathlawfirm.com)

**Website:** [www.mcgrathlawfirm.com](http://www.mcgrathlawfirm.com)

Disclaimer: Content of this newsletter may not be used or reproduced without written permission of the author. This newsletter is not intended to replace the services of a Lawyer. No expressed or implied guarantees have been made or are made by the author or publisher. Information in this newsletter is for informational purposes only and is not a substitute for professional legal advice.

## Our Attorneys

### Both Offices



Peter G. McGrath

### New Hampshire Office



Linda Aldon



Daniel J. Corley



James F. Laura

### South Carolina Office



Matthew E. Pecoy

To Sign Up for Our Newsletter, Visit Our Web Site at: [www.mcgrathlawfirm.com](http://www.mcgrathlawfirm.com) and [www.mcgrathlawfirm.com](http://www.mcgrathlawfirm.com)